

Housing and Husbandry Alternatives for Naked Mole Rat Colonies Used in Research Settings

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Naked mole rats (*Heterocephalus glaber*) are a unique rodent species originating in Africa and are increasingly being used in research. Their needs and characteristics differ from those of other rodents used in research. Unique housing systems are necessary to address the special macro- and microenvironmental requirements of NMRs. Naked mole rats are one of the 2 known eusocial mammalian species, are extremely long-living, are active burrowers, and are accustomed to a subterranean environment. Unlike typical rats and mice, naked mole rats need specific, unique housing systems that mimic their natural subterranean environment to support health and longevity. Here we provide an overview of naked mole rats and a housing method that can be used in research settings.

Abbreviations: NMR, naked mole rat; PVC, poly vinyl chloride; SOP, standard operating procedures

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Introduction

Heterocephalus glaber, commonly known as the naked mole rat (NMR), is a subterranean rodent of the family Bathyergidae that inhabits areas in East Africa such as Ethiopia, Kenya, and Somalia. This burrowing species has evolved adaptations to successfully thrive in sub-Saharan African climate conditions.⁸ NMRs are poikilothermic and eusocial (that is, socially organized with a single female producing offspring and non-reproductive individuals caring for young).^{21,25} Their colonies range from 25 to over 300, with the hierarchical structure composed of a sole breeding female (the queen), 1 to 3 breeding males (pashas), reproductively suppressed male and female workers, juveniles, and neonates. Within the multigenerational colony, NMRs occupy different, overlapping roles, but alloparenting (that is, care provided by individuals other than parents) is exhibited by most workers to varying degrees.^{1-3,7} In addition, NMRs have maximum reported lifespan of 30 years, the longest of all known rodents.^{5,11} NMRs are increasingly used in biomedical research as study model in areas such as aging, bone elongation, cancer, cooperative behavior, hypoxia, innate immunity, pain insensitivity, reproduction, and somatosensory processing.^{6,10,12,15,16,19,34,41,48,51,57} NMRs require unique macro- and microenvironmental conditions compared with standard rodent species. To conduct research with NMRs, laboratory conditions must conform to their natural habitat, which includes providing a tunnel system and areas to forage and burrow.

Here, we describe our experience in developing a novel method for housing NMRs, provide an overview of NMRs, and offer additional suggestions for housing and care of these unique rodents in a research setting.

Taxonomy and Unique Features

Heterocephalus glaber are members of the order Rodentia, family Bathyergidae, which is further divided into solitary, social, and eusocial genera. NMRs and Darmaland mole-rats are the only reported eusocial mammals. Like all rodents, NMRs have upper and lower incisors that grow continuously. However, unlike hystricomorphs that possess a large infraorbital foramen for passage of a significant portion of the medial masseter muscle, Bathyergidae, considered protogomorphous, retain a small infraorbital foramen, which alters the extension and attachment of masticatory musculature.^{14,28}

NMRs have several unique features and characteristics. One that is of common interest is their eusocial behavior, similar to that of termites and bees.^{13,45} Although rare incidences of dual queening have been described, the social structure of NMR colonies entails the presence of primarily one dominant queen, her male reproductive partners, and the remaining members, which can range in age, life-stage, and duties.^{5,17,18,20} The queen reproduces until death and multiple generations within a colony can be from a single queen. Upon the death of the queen, another female will assume this role. In addition, in the research setting, a new breeding pair can be formed by removing a worker female and male and using them to create a new colony.^{8,9,37} This complex, hierarchical, 'caste-like' structure differs somewhat from colony to colony with varying roles and responsibilities among colony mates.^{21,31,37,38,52}

Although they vary in size, NMRs are typically the approximate size of an adult mouse. These cylindrically shaped rodents lack a fur coat but have developed vibrissae over the body that are highly sensitive to touch and tactile stimulation.⁵³ In addition, NMRs demonstrate several other dramatic differences compared with commonly used rat species. For example, NMRs have an average life span of approximately 30 y in captivity and 17 y in their natural habitat. As a result of their evolution in a subterranean habitat, NMRs have several physiologic adaptations for this hypoxic environment including smaller brains, lower cardiac function and heart rate, fewer neurons,

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lower metabolic rate, and the ability to tolerate lower levels of oxygen.^{10,11,22,23,30,39,40,42,44,49}

NMRs have small eyes and limited sight, likely due to an extremely thin optic nerve.^{5,9} They use their prominent procumbent incisors for eating and as their primary tool for burrowing, defending territory, and displaying dominance.^{5,9,24} Compared with the common research rat, the NMR have less hearing capacity, perhaps diminished cochlear function.^{35,42} Males and females are sexually monomorphic and are one of the slowest growing mammals, with only the breeding female displaying rapid weight gain as compared with colony mates. Their gestation period ranges between 66 and 74 days, which is over 3 times longer than that of a common research rat such as a Sprague–Dawley. The average litter size of NMRs average litter size is reported to be 12 pups.^{45,46}

Housing and Husbandry

Natural habitat. NMRs are native to eastern Africa and, although they live primarily in subterranean environments, recent publications describe the occasional dispersing above ground to relocate pups from one site to another.⁵ In addition, actively burrowed mole hills can often be found in certain regions of Kenya.^{32,46} Using radio-tracking technology, burrowing systems have been identified with a combined total length of up to 2,245 m (1.4 miles).⁴⁷ Another unique characteristic of NMRs is that they are poikilotherms that have both endothermic and ectothermic capabilities. Behavioral thermoregulation includes huddling with colony-mates or moving between various chambers that are maintained at different temperatures, whereas physiologic thermoregulation includes mobilization of brown adipose tissue for heat and fuel as needed.^{5,36,54}

The concentration of atmospheric gases in these extensive burrows is heavily dependent on the environment, and is influenced by season, soil, depth of the burrow, moisture (relative humidity), and types of microbes present.¹² Although the gaseous composition in naturally occupied habitats is difficult to measure, NMRs are reported to be highly resilient to hypercapnic environments and able to tolerate concentrations of carbon dioxide as high as 80% for up to 5 h in laboratory settings.⁴⁰ Depending on seasonal shifts, the temperature of the natural habitat may vary between 82 to 90 °F (27.8 to 32.2 °C), with relative humidity reported as high as 90%.⁴⁵

Laboratory housing and handling. Several reports have described housing for NMRs in research settings. Most describe constructed tunnel systems made with Plexiglas boxes, polycarbonate caging, or similar plastic material manipulated to fit cylindrical poly vinyl chloride (PVC) or acrylic tubes securely connected between boxes (recapitulating chambers connected by tunnel systems found in their natural burrows).^{1,9,26,32,50} These retrofitted tunnel systems are often placed in rooms without other species. NMRs can be housed on various types of bedding material ranging from aspen shavings to pelleted paper bedding; at our facility, NMRs are housed on pelleted paper bedding (Teklad 7084, Envigo, Indianapolis, Indiana, USA).

To provide optimal temperature and humidity conditions, supplemental heat and humidity sources are often required to effectively simulate natural settings. Standard recommended temperature and ventilation settings for research rodents, as described in the *Guide for the Care and Use of Laboratory Animals*, should not be used and can potentially have negative effects on the overall health and wellbeing of NMRs.^{9,33,55} This situation can present a logistical barrier to those interested in housing NMRs in an open room environment. In addition to fluctuations in temperature and humidity (the latter due to the frequency of

air changes in a typical animal facility), NMRs are also sensitive to noise and especially to vibrations. To optimize breeding and colony acclimation, we use a temperature regulated unit that provides a constant source of heat at a temperature set point of 84 °F (28.9 °C) and serves as a secondary barrier between the macro and microenvironment. We use the Tecniplast Aria Ventilated Cabinet BIO-C36 (Tecniplast, Buguggiate, Italy), designed for bioexclusion and containment with built-in pressure mode settings, to provide a controlled environment including temperature, ventilation, and lighting. We adapted this cabinet for NMRs to serve as a primary macroenvironmental chamber and could house over 50 NMRs with up to 3 large colonies in a single unit (Figure 1).

In accordance with IACUC-approved standard operating procedures (SOP) and the pertinent animal use protocols (IS00008428 and IS00008423), the units maintain the following set points for optimal breeding and maintenance: temperature, 85 ± 1 °F (29.4 ± 0.6 °C); humidity, approximately 50%; and light cycle, 12:12-h light-dark (because NMRs are functionally blind, a diurnal light cycle is of less concern than in other rodent species). The microenvironment consists of a tunnel system constructed of impact resistant polycarbonate tunnels (2.25 in. [5.7 cm] with a 2-in. [5.1 cm] ID; McMaster-Carr, Tampa, FL) connected to polycarbonate rodent cages (11½ in. L × 7½ in. W × 5 in. D [29.2 cm × 19.1 cm × 12.7 cm]) and, initially, with Low Profile Microisolation Filter Tops (Lab Products, Seaford Delaware, USA). The microisolation filter tops were later removed as the NMRs proved to be quite curious and often removed or damaged the



Figure 1. Tecniplast Aria Ventilated Cabinet BIO-36 in a housing room.

integrity of the filter paper. Combinations and configurations of cages and tunnels vary in number and size depending on the population of each colony. A hand tap cutting tool was used to create specific fittings and tunnel connections for colony cages. To provide effective support to the tunnel-cage joints, tubing for the tunnels were rough cut on a band saw and then finished to size on an engine lathe. The tapped holes at each end of the tunnel were drilled on a manual mill and tapped by hand using a 4 to 40 hand tap. This approach has successfully prevented tunnel-cage disconnections (Figures 2–5).

NMRs in the wild primarily use tubers, such as potatoes and sweet potatoes, as a foundational component of their diet.^{2, 1}

in captivity, NMRs will eat cucumbers, grapes, dried fruit, kale, carrots, and corn.^{1,2,46} Some facilities adapt an infant cereal that can be mixed into the diet sparingly and at defined intervals to provide added nutrients to breeding queens and as a form of enrichment.^{1,24,56} Our institution provides fresh sweet potatoes daily and a rotation of rice cereal, dried vegetables, raisins, celery, grapes, carrots, apples, and corn on the cob.

In contrast to standard cage change recommendations consistent with the *Guide for the Care and Use of Laboratory Animals*,³³ NMR cages are changed on a schedule that determines which cages and tunnels are changed at any given time based on timing, density, and active breeding status. In this way, colony



Figure 2. Tecniplast Aria Ventilated Cabinet BIO-C36 in a housing room. A) Closed cabinet; B) 2 Colony caging placed in temperature-controlled unit; C) Multiple colonies housed on 3 shelves in a ventilated cabinet.



Figure 3. Naked mole rat colonies: A) Pregnant queen with male pashas and colony mates; B-D) Active colony mates.

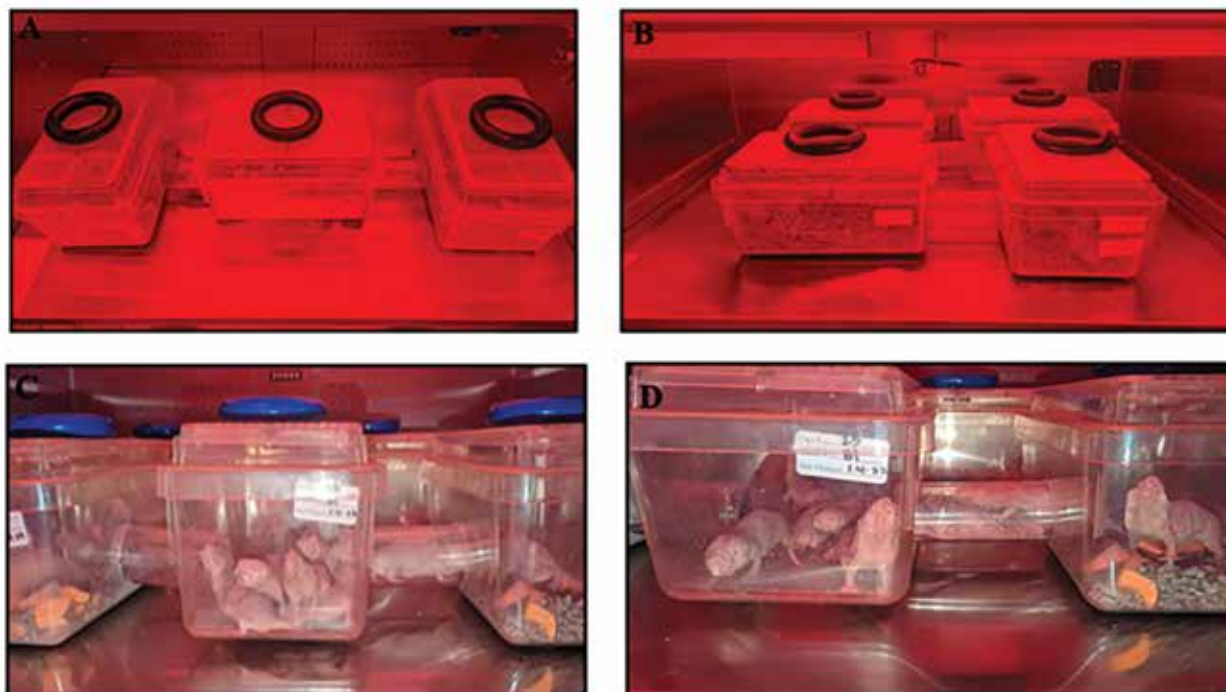


Figure 4. Tunnel systems: A) 3-cage tunnel system; B) 4-cage tunnel system; C-D) 5-cage tunnel system (multiple pictures provided to show the system from various angles).



Figure 5. Tunnel systems with weights on lids. A) Multiple colonies housed in Tecniplast Aria Ventilated Cabinet BIO-36; B) 5-tunnel caging system; C) 4-cage tunnel system.

scent is always maintained (Figure 5), which in our experience reduces fighting and reduces cannibalism. Cages and tunnel systems are washed in a rack washer heated to 180 °F (82.2 °C; Steris 9500) at intervals defined by IACUC-approved SOPs. Each cage in the colony caging system is replaced with a sanitized cage or component (tube or T piece) at least monthly, except for the toilet chamber. The toilet compartment assists with the reestablishment of the colony scent, so its replacement is delayed by one week (Figure 6).

Environmental parameters. NMRs prefer warm and humid climates in their natural habitat, with reported temperatures

ranging from 82.4 to 89.6 °F (28 to 32 °C) and humidity levels up to 90%.⁴⁵ In captivity, humidity can fluctuate rapidly and the use of an external source, such as a humidifier, that can maintain a consistent, appropriate level is often required to keep rooms within the recommended range of 40% to 50%. Humidity higher than this can lead to moisture buildup at the room level, whereas humidity much lower than this can affect NMR skin health; therefore, low-humidity environments should be accompanied by high-moisture food.⁷ Due to the limited sight of NMRs, light cycles can be adjusted to red light or in a dimly lit area to mimic the natural subterranean

Sample NMR Cage Change Schedule

	Day 1	Day 2	Day 3	Day 4
Week 1 (Manual Clean)	Colony 1 (Cage 1) Colony 2 (Cage 1)	Colony 3 (Cage 1) Colony 4 (Cage 1)	Colony 1 (Cage 2) Colony 2 (Cage 2)	Colony 3 (Cage 2) Colony 4 (Cage 2)
Week 2 (Manual Clean)	Colony 1 (Cage 3) Colony 2 (Cage 3)	Colony 3 (Cage 3) Colony 4 (Cage 3)	Colony 1 (Cage 4) Colony 2 (Cage 4)	Colony 3 (Cage 4) Colony 4 (Cage 4)
Week 3 (*Replace)	Colony 1 (Cage 5) Colony 2 (Cage 5)	Colony 3 (Cage 5) Colony 4 (Cage 5)	Colony 1 (Cage 6) Colony 2 (Cage 6)	Colony 3 (Cage 6) Colony 4 (Cage 6)
Week 4 (*Replace Cage + Tunnel)	Colony 1 (Cage 1) Colony 2 (Cage 1)	Colony 3 (Cage 1) Colony 4 (Cage 1)	Colony 1 (Cage 2) Colony 2 (Cage 2)	Colony 3 (Cage 2) Colony 4 (Cage 2)

* Once cages and components are replaced, soiled cages, and components are mechanically washed

Figure 6. Sample naked mole rat cage and caging components cleaning and replacement schedule.

environment. NMRs are also sensitive to vibrations.²⁹ When considering housing in research settings, consideration must be given to placement near objects, animals, or equipment that may cause stress and colony disturbances. In our experience, housing away from autoclaves, tunnel washers, and large animals is beneficial to successful colony maintenance and reproduction. The added use of the Tecniplast Aria Ventilated Cabinet BIO-C36 units provide a consistent, quiet surrounding.

Enrichment can be provided in various forms that are not markedly different from other research rodents. The tunnel system allows unrestricted forward and backward movement and the constant company of colony mates. Fresh fruit and fresh and dried vegetables are provided daily. Bathyegids are normally docile but can be extremely territorial and potentially aggressive to any new animals introduced to the colony. As such, great care is necessary during cage changing or when moving rodents, and any escaped animals must be returned only to their native colony. Reintroduction, particularly after removal for prolonged periods, can be difficult.⁷ Cupping or gentle lifting is recommended for handling. If caretakers are to handle more than one cohort in a day, new gloves must be used to avoid the introduction of latent pheromones, which may increase inter- and intracage aggression. Due to their innate burrowing behavior, NMRs have been observed creating elaborate hills out of bedding and food, and bedding distribution is often disproportionately sparse in certain areas. These hills can be used to escape from the cage. Placing weights on top of the cage lids is recommended for avoiding escapes (Figure 2 and 4).

Health surveillance. NMRs have a unique innate immunity as compared with traditional rodents, including the absence of natural killer cells, the presence of a higher myeloid to lymphoid ratio, and higher proinflammatory cytokine production in macrophages.^{27,34} A few recent reports describe pathogens affecting NMRs.^{8,43} This apparent resistance could be due to their innate immune system or their body temperature, which may make them less susceptible to certain pathogens that are known to affect other rodent species.⁴⁹ A spontaneous lethal

enteric coronavirus infection was reported in one wild-caught founder population in Africa; the virus may have become virulent in association with inbreeding depression in the colony.⁴³

As part of our standard surveillance procedures, we collect fecal pellets, pelt, and cage swabs at defined intervals and tested routinely for rodent pathogens based on our internal infectious agent exclusion lists. Our institution excludes *Helicobacter* spp., murine norovirus, *Corynebacterium bovis*, *Corynebacterium* HAC2, *Syphacia* spp., *Aspicularis tetraptera*, parainfluenza virus type 1 (Sendai), coronavirus (mouse hepatitis virus), *Mycoplasma pulmonis*, paramyxovirus (pneumonia virus of mice), parvovirus (minute virus of mice and mouse parvovirus), poliovirus (Theiler murine encephalomyelitis virus strain GDVII), reovirus type 3, lymphocytic choriomeningitis virus, mouse adenovirus types 1 and 2, poxvirus (ectromelia virus), rotavirus (epizootic diarrhea of infant mice virus), papovavirus (polyoma virus), Hantaan virus, CAR bacillus, *Clostridium piliforme* (Tyzzer's disease), and *Encephalitozoon cuniculi*. To date, we have not identified any infectious agents in our NMR population.

Conclusions

NMRs, one of 2 reported eusocial rodent species, are an exception to the rule when housing rodents in research settings. Unlike typical research rodents, NMRs require specific, unique housing systems that mimic their natural subterranean environment to support health and longevity. The use of temperature- and humidity-controlled housing units, along with adapted rodent caging and tunnels, allow these bathyegids to be housed at various densities in constructed tunnel systems. These housing units provide consistent temperature, lighting, and ventilation and offer an alternative to commonly reported macroenvironmental housing modalities for NMRs and other rodent species.

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